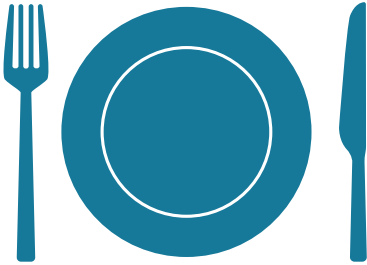


# Student Food Security Survey

## Fall 2018 Overview of Findings



Two surveys were administered to understand and measure student's food security at UMB.

1. In Spring 2018, the Educational Advisory Board (EAB) **campus climate survey** was administered from February 7 - 27, 2018: 1,485 students responded to the survey, which included questions concerning student food security.
2. In Fall 2018, the **food security survey** was administered from November 16 - December 21, 2018: 405 students answered one or more questions.

### 1. EAB Campus Climate Survey Findings

Number of respondents who experienced the following since the beginning of the academic year (Fall 2017).

10.3%  
(n = 133)

of students indicated they ate less than they should because there wasn't enough money for food.

9 students enrolled in SOD

15 students enrolled in GS

21 students enrolled in SOM

29 students enrolled in SON

8 students enrolled in SOP

42 students enrolled in SSW

9 students enrolled in SOL

1.8%  
(n = 23)

of students indicated they utilized food banks or pantries.

1 student enrolled in SOD

3 students enrolled in GS

1 student enrolled in SOM

4 students enrolled in SON

1 student enrolled in SOP

12 students enrolled in SSW

1 student enrolled in SOL

3.6%  
(n = 46)

students indicated they applied for SNAP or other Food Assistance programs.

2 students enrolled in SOD

2 students enrolled in GS

4 students enrolled in SOM

2 students enrolled in SON

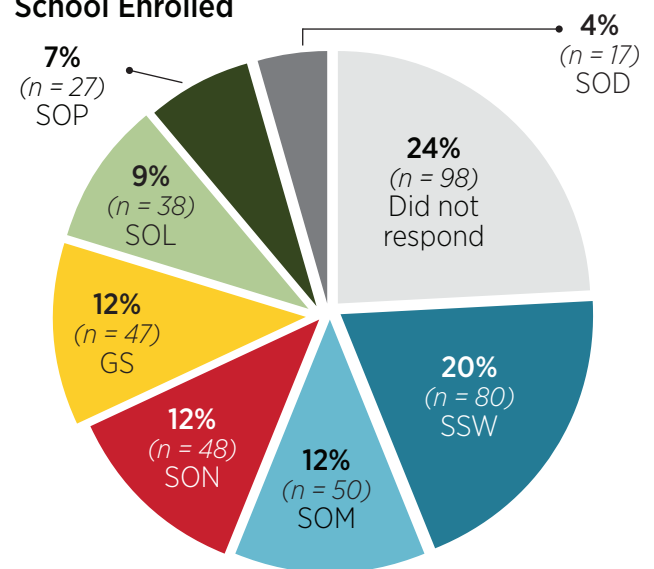
1 student enrolled in SOP

33 students enrolled in SSW

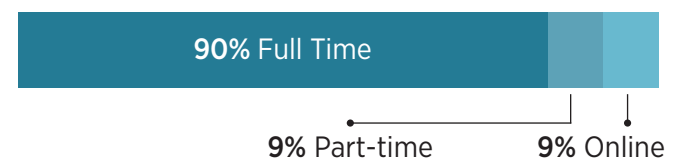
2 students enrolled in SOL

### 2. Food Security Survey Demographic Information

#### School Enrolled



#### Student Status



#### Living Situation During the Academic Year



49% live in an off-campus apartment or house, alone or with people who are not family members

40% live at home with family (partner, spouse, parents, kids, etc.)

11% live in on-campus housing

# Food Security Survey Findings

All results are based on the past 30 days at the time of the survey.


Out of 405 students, 107 (26%) responded that there had been a time when they did not have enough food for themselves or their household. 90 students also responded that they experienced hunger:


- 1 or 2 days a week (70 students; 78%)
- More than 3 days a week (10 students; 11%)
- Almost every day of the week (2 students; 2%)
- Other (8 students; 9%)


Out of 332 students, 78 (23%) know of UMB student(s) who skipped meals due to finances. 128 students (39%) were unsure if they know of someone who missed or skipped meals due to finances.


Often = Average of at least 3 times/month;  
Occasionally = Average of 2 times/month


Remaining respondents = Situations did not apply.


 Someone in my household or I was hungry and did not eat because there was not enough food.  
| **Often:** 26 (8%) **Occasionally:** 71 (21%)

 The food that (I/we) bought just did not last.  
| **Often:** 56 (17%) **Occasionally:** 89 (27%)

 Someone in my household or I could not afford to eat balanced meals.  
| **Often:** 59 (18%) **Occasionally:** 89 (27%)

 I or someone in my household did not eat for a whole day because there was not enough food.  
| **Often:** 10 (3%) **Occasionally:** 37 (11%)

 Someone in my household or I at less than needed because there was not enough food.  
| **Often:** 31 (9%) **Occasionally:** 79 (24%)

 Someone in my household or I worried that there would not be enough to eat.  
| **Often:** 36 (11%) **Occasionally:** 57 (17%)

For students who experienced hunger, it affected their ability to:

- Attend class (11%)
- Complete assignments (20%)
- Complete other academic tasks/obligations (21%)
- Maintain school/life balance (10%)
- Study (12%)
- Did not respond (26%)

## Food Pantry

Results are from a total of 332 students out of 405.

16 students used a local food pantry, soup kitchen or other food access agency.

204 students believe there is a need for a food pantry on campus.

278 students would use a food pantry at UMB if they did not have the finances to pay for food.

Food students would like available in the food pantry:	Reasons students would not use a food pantry:
<ul style="list-style-type: none"> <li>• Baby food</li> <li>• Canned and boxed food</li> <li>• Fresh produce</li> <li>• Frozen food</li> <li>• Snacks</li> <li>• Other</li> </ul>	<ul style="list-style-type: none"> <li>• Privacy (e.g., would not want others to know they accessed the food pantry)</li> <li>• Service not needed</li> <li>• Types of food</li> <li>• Hours</li> <li>• Location</li> <li>• Transportation (e.g., difficult to transport food home)</li> </ul>

## Recommendations

- Speak to food vendors on campus about offering low-cost items.
- Communicate the need for a grocery store to individuals involved with master planning for the campus.
- Consult with Parking and Transportation Services about adding a map that outlines grocery store options on the shuttle route.
- Discuss with USGA the possibility of sponsoring a grocery shuttle.
- Explore creating a foundation account to support students who are food insecure or other emergency needs.
- Explore offering a pop-up food pantry.
- Explore interest among student organizations in managing a pop-up food pantry.
- Work with local food vendors and grocery delivery services to learn if students can receive reduced prices.
- Continue to update the website with food security resources.